



# CRUSADERS

October 12, 2018

## Game Results:

The B-Squad volleyball team lost their match against Avail Academy on Thursday, October 11. Hang in there, Crusaders!

The Varsity volleyball team won their match against Avail Academy on Monday, October 8 and won against Maranatha on Thursday, October 11. Yay, Crusaders!

The JV soccer team won their game against St. Stephen on Tuesday, October 9. Go Crusaders!

The cross country team had their NSPSL Championship meet on Wednesday, October 10. The Varsity boys team finished 2nd in team standings. The following St. Al's participants placed in the top twelve: 12-Israel Esquivel, 8-Titus Fagan, 6-Paolo Cardenas, 3-Leo Carter, 7-Ashley Wolford, 1-Mary Carter.

## Important Athletic Information:

**We have enough boys for a JV basketball team this year! Sean Armendariz will be the coach. Thanks so much for making boys basketball possible!**

**Pictures for the cross country team, the soccer team, and both volleyball teams are scheduled for Wednesday, October 24, beginning at 2:00 P.M. Members of all teams need to bring uniforms that day!**

**The Varsity Volleyball Tournament will be at St. Al's on November 1, 2, and 3. Volunteer positions are posted on Sycamore. Please consider signing up to help because we will need it!**

**Overview of joining sports-** Prior to a sport starting, an announcement will be made on the school website under News and Events, as well as at school, that students may sign up. A sign-up sheet will be posted in the middle school wing and near Mrs. Hillman's room for each sport. 8<sup>th</sup> graders are typically on Varsity, 7<sup>th</sup> graders on JV, and 6<sup>th</sup> and 5<sup>th</sup> graders on B-squad, but only if the number of students allows for this. If this is not possible, a tryout may be held.

**Volunteer Opportunities-** Athletic programs at St. Alphonsus are dependent on many hours of service time from parents. EVERY family is required to complete twenty service hours for the school each year. Students in 5<sup>th</sup> grade and older can perform service hours to help fulfill this requirement. Adult volunteers must have completed Virtus and the Essential Three to volunteer. Please visit the Sycamore website today to sign up for service hours in Athletics!

## Activities in Athletics that will help fulfill family service hours:

- Score-keeping (adults only)
- Clock (adults only)
- Concession stand- 5<sup>th</sup> grade or older must be accompanied by an adult, and only two people are allowed in concession stand per game.
- Line Judge (volleyball)



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- Door Monitor (adults only)
- Sideline Judge (soccer)
- Pre-game set-up
- Post-game clean-up
- Field clean-up
- Field maintenance and upkeep (mowing, weeding, raking, etc.)
- Admissions table (during tournaments)
- Head Coach (must be an adult)
- Assistant Coach (one per team)

\*\* This is not an exhaustive list. Other activities must be approved through the Athletic Directors.

## Volleyball Schedule:

|                       |           |         |               |    |               |
|-----------------------|-----------|---------|---------------|----|---------------|
| <b>Monday 10/15</b>   | 7:15 P.M. | Varsity | St. Alphonsus | at | Sacred Heart  |
| <b>Tuesday 10/23</b>  | 6:00 P.M. | B Squad | St. Alphonsus | at | Epiphany      |
|                       | 7:15 P.M. | Varsity | St. Alphonsus | at | Epiphany      |
| <b>Thursday 10/25</b> | 6:30 P.M. | Varsity | St. Alphonsus | at | St. Stephen   |
| Volleyball Tournament |           | B Squad | 10/25-10/27   | at | St. Raphael   |
|                       |           | Varsity | 11/1-11/3     | at | St. Alphonsus |

## Soccer Schedule:

|                   |                         |     |
|-------------------|-------------------------|-----|
| Soccer Tournament | 10/15, 10/23, and 10/25 | TBA |
|-------------------|-------------------------|-----|

## Athletic Contact Information:

Please feel free to contact us with any questions or comments:

### **St. Alphonsus Athletic Directors**

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